

A Combination of Natural Substances Can Significantly Improve Erectile Dysfunction

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ABSTRACT

There is no doubt that the frequency of erectile dysfunction is increasing, even in younger men. At the same time, the number of sperm per ejaculate and the number of births are falling. This has intensified since the COVID era. It therefore makes sense to have a natural remedy available that can counteract these developments. A combination of nine natural East Asian substances is presented here, which together provide a solution to the problems mentioned. For older men, the reduction of an enlarged prostate and an improvement in blood flow to the brain should also be noted.

Keywords: Erectile Dysfunction, Aphrodisiac, Impotence, Fertility

Introduction

Impotence or a decrease in libido are often taboo subjects. It is “always the others” who are affected. In today’s stressful and hectic world, sexual desire is unfortunately being lost more and more and a performance principle is emerging. Almost every second man over 40 suffers - at least temporarily - from a penile erection problem or impotence. The search for natural remedies with the ability to increase libido and erection is as old as mankind. Men have trusted the power of herbal remedies since time immemorial, and this has hardly changed to this day. Medicinal plants for physical love really do exist, think of yohimbe or ginseng root [1-3]. These so-called love elixirs are called aphrodisiacs and were named after the Greek goddess of love, Aphrodite. On the other hand, there are chemical agents for improving erections, such as sildenafil.

A Novel Mixture of Effective Natural Remedies

The substances combined here come from East and Southeast Asia. We have tested a new composition in capsule form (500 mg content) on more than 1,000 users and have seen a positive effect in all cases. This particularly concerned the following effects: Increase in male performance; long lasting erection; increase the quantity and strength of spermatozoa; ejaculation

can be better controlled, if the act is to last for a long time; increased satisfaction for couples on a night of passion; duration of effect noticeable up to one week.

The product has proven to be an almost perfect product for men, effective even in older men. In these men, a further effect was a reduction in the enlargement of the prostate, visible in ultrasound and noticeable in an improved urinary stream. As examined and proven by spectrography, the capsules do not contain any chemical substances. The effect of improved blood flow to the penis is complemented by increased perfusion of the brain. This results in the only “side effect”: if the man previously had reduced blood flow to the brain (e.g. due to cerebral sclerosis), he may experience a certain amount of head pressure as a result of the improved blood supply to the brain. This disappears after a few doses. No other side effects are known.

Positive: Absolutely natural products, no other additives, no chemicals, no steroids, no other artificial substances. Tested in a European laboratory and no impurities were found and the free sale certificate as a food supplement for the whole European Union (EU) was granted.

Recommended Intake

Take one capsule at least 4-6 hours before sexual intercourse. The effect or libido increase can be well felt for up to a week.

Minimum intake is 1/week, however, better 2/week. Below is an explanation of each component of this product:

Coix Lacryma Jobi / Job's Tear Herb [4-6]

Job's tear, also called Chinese pearl barley, belongs to the sweet grass family and is believed to have been cultivated for 4000 years, mainly in East Asia. Job's tear is very rich in protein and has a high content of vitamin B1. Job's tear has draining and detoxifying effects, regulates total cholesterol levels, and cleanses the intestines of deposits from animal foods and fats. Job's tear strongly increases libido, potency and erection, improves fertility and has healing and preventive effects on civilization diseases such as arteriosclerosis.

Cinnamon Cassia / Cinnamon [7]

Cinnamon has a positive effect on cholesterol levels and reduces tension in the walls of blood vessels. This improves blood circulation and thus erection, as the erectile tissue of the penis is also better supplied with blood. Cinnamon also lowers blood sugar. The main property of cinnamon and at the same time the most important benefit is its antioxidant effect. In addition, this spice is known for its antibacterial, stimulant, as well as antiviral and antifungal effects. Cinnamon favors the metabolic process in tissues, including the genital area. The fragrant spice also has a positive effect on erection and inevitably leads to normalization of potency.

Lycium Chinense / Chinese Sea Buckthorn / Goji [8]

Goji berries provide the most important nutrients, 18 amino acids. They are known for the numerous positive effects on human health and are considered superfoods.

The goji plant was first mentioned in China about 4600 years ago. And for a long time it has been considered in Traditional Chinese Medicine (TCM) as a magic bullet for eternal youth, beauty and health. Goji berries strengthen the immune system, delay the aging process by the formation of new cells not only of the skin, but also of the brain and have a preventive effect against cancer and many other diseases. Goji berries contain important minerals, trace elements and vitamins.

Cuscuta Chinensis / Chinese Dodder [9]

This plant is used in Tibetan medicine especially for its warming properties as well as for its stimulating effect on the liver and kidneys and for aching limbs. It improves sexual functions. Anti-inflammatory, anti-aging, anti-cancer, hormone regulating. Known in TCM/Traditional Chinese Medicine for over 2000 years.

Ziziphus Jujube / Chinese Jujube / Chinese Date [10,11]

Jujube works for the release of stimulating sex hormones and stimulation of sperm production. Ingestion can strengthen the immune system, relieve inflammation. The fruit is known in traditional Chinese medicine as a tonic and is nowadays mainly used by American men to improve sexual function. The principle of action is based on improved release of nitric oxide, similar to L-arginine.

Dioscorea Opposite / Chinese Yam [12,13]

In Asia, yam is said to have a potency-enhancing and aphrodisiac effect, probably due to its high starch content. In the meantime,

the yam root is used worldwide as a potency enhancer. In the form of capsules, the yam root is administered for diseases of the joints such as rheumatism, gout and arteriosclerosis. In addition to its anti-inflammatory effect, the root affects the hormonal balance of the body due to the active substance diosgenin, which is contained in large quantities. The adrenal gland is stimulated to produce steroidal and sexual hormones.

Cordyceps / Chinese caterpillar fungus [14,15]

For generations, this mushroom has been known in Tibet and China as the man's herb. They call it Viagra of the Himalayas. Cordycepin is a powerful activator of the kidneys and lowers blood cholesterol. It increases blood flow in general and improves blood flow in the penis, improving strength and increasing the amount of semen flow.

Schisandra chinensis / Berry with five flavors [16,17]

It is also called China berry and originates from Japan, Korea and China. In China, it is mainly cultivated in the northeast of the country. In Chinese herbal medicine it is one of the most effective tonics. Thanks to its tonic properties, the list of possible uses is quite long. Simply put, it enhances vitality. Newly established in our stressful times, Chinese berry is a plant with a long history and tradition. It was mentioned as early as the Han Dynasty (206 BC - 220 AD). Also the Chinese name "Wu-Wei-Zi", herb of the 5 elements, proves a long history of this plant.

In addition to tonic properties, the Chinese berry is also said to have sedative properties. Thus, it can also be used for insomnia. What looks like a contradiction at first glance, explains itself holistically. Therefore, a vital, healthy person will not suffer from insomnia. According to ancient records, the berry is said to increase energy and fight fatigue. In addition, the berry is said to promote sexual desire and virility, and therefore serves as an over-the-counter sexual enhancer. In addition to enhancing general performance, the plant was valued as a sexual tonic.

Cervus Nippon Horn Extract / Mandarin Sika Deer Horn Extract [18,19]

The effects of stag horn extract on cell growth have been studied on many occasions. In the process, researchers were able to identify various growth factors. In addition, deer antler velvet was found to contain amino acids that increase growth hormone levels in the human body. In a 2000 study, animals fed deer antler powder grew significantly faster than the control group.

In a University of Alberta study, 18 men were followed in a 9-week strength training program. Results showed that deer antler powder increased the subjects' strength and endurance compared to the control group. The researchers found significantly increased testosterone levels in the deer antler group.

Modern scientific research shows that deer antler powder has these health benefits: Increases testosterone levels, improves blood flow to the arteries, lowers high blood pressure, increases physical energy and endurance, increases muscle strength, improves flexibility, increases muscle regeneration, prevents and reduces inflammation, improves sexual health, acts against osteoporosis, stimulates the immune system. Of course, no deer are killed or their antlers removed from their bodies, but shed antlers are used.

Conclusions

Aphrodisiacs have always played an important role in the history of East Asia [20-24]. The Mandarins in China, for example, had several wives who expected regular sexual satisfaction.

Ancient civilizations such as Chinese, Indian, Egyptian, Roman and Greek cultures believed that certain substances could hold the key to improving sexual desire, sexual pleasure and/or sexual behavior [25]. This was important because some men suffered from erectile dysfunction and were unable to reproduce. There are Hindu poems from around 2000 to 1000 BC that talk about performance enhancers and tips for use [22]. In post-classical West Africa, a volume entitled “Advice for Men on Sexual Interaction with Their Wives from the Timbuktu Manuscripts” served as a guide to aphrodisiacs and remedies for infertility [26]. It offered men advice on how to “win back” their wives. According to Hammer, “at a time when women’s sexuality was barely recognized in the West, the manuscript, a kind of Baedeker to orgasm, offered tips for maximizing sexual pleasure on both sides.

The psychological effects of impotence should not be underestimated. It therefore seems appropriate to provide a product that combines nine plants and offers a high level of effectiveness. In addition to the erection, further effects can be observed: Reduction of an enlarged prostate and increase in blood flow to the brain. Both are particularly valuable for older men with a certain degree of arteriosclerosis.

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